



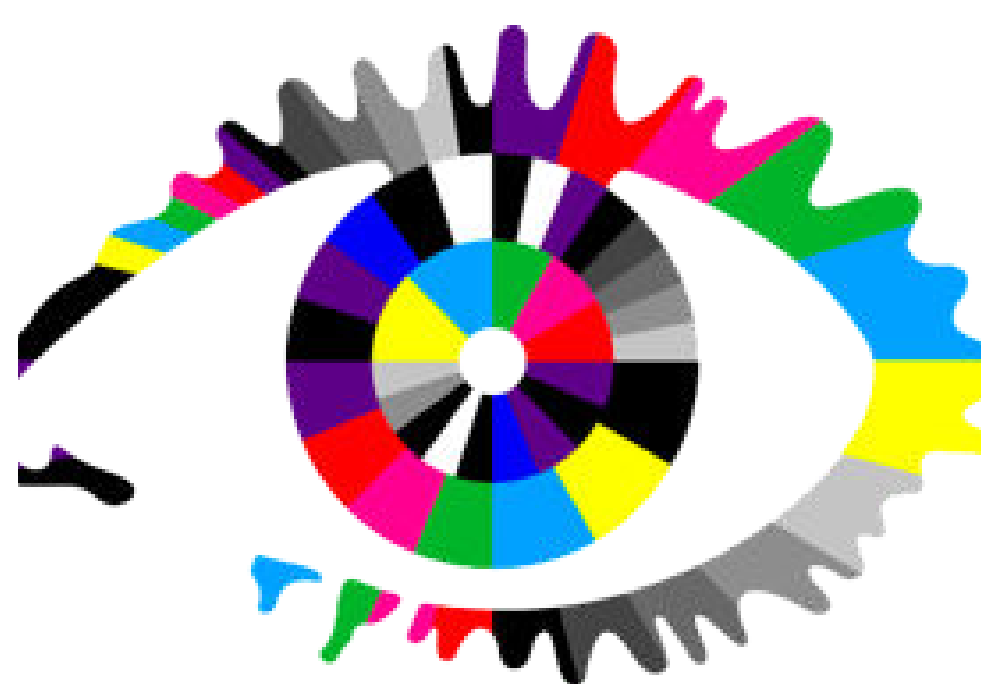
Rebecca Dakin is the brand owner of

The Great British Sexpert

*Author, Celebrity Well-Being
Coach, T.V. Expert & Hypnotherapist*

Aged 48, Rebecca Dakin has over 20 years 'hands-on' experience in the sex industry making her the media go to for everything related to sex, dating, infidelity and relationships.

Her passion is facilitating and encouraging people to have healthy nourishing relationships with themselves (primarily), and others, through her School of Sex classes and bespoke coaching and therapy for couples and individuals.



THE Sun

Daily Mail



GBN
BRITAIN'S NEWS CHANNEL

Brand & Media work

marie claire

DAILY Mirror

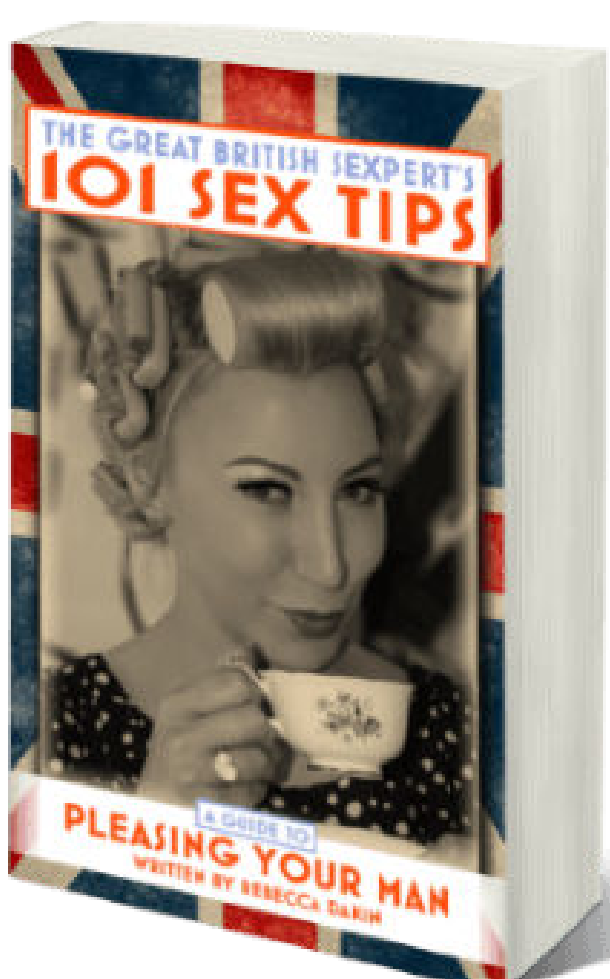
**BBC
RADIO**

durex

LBC

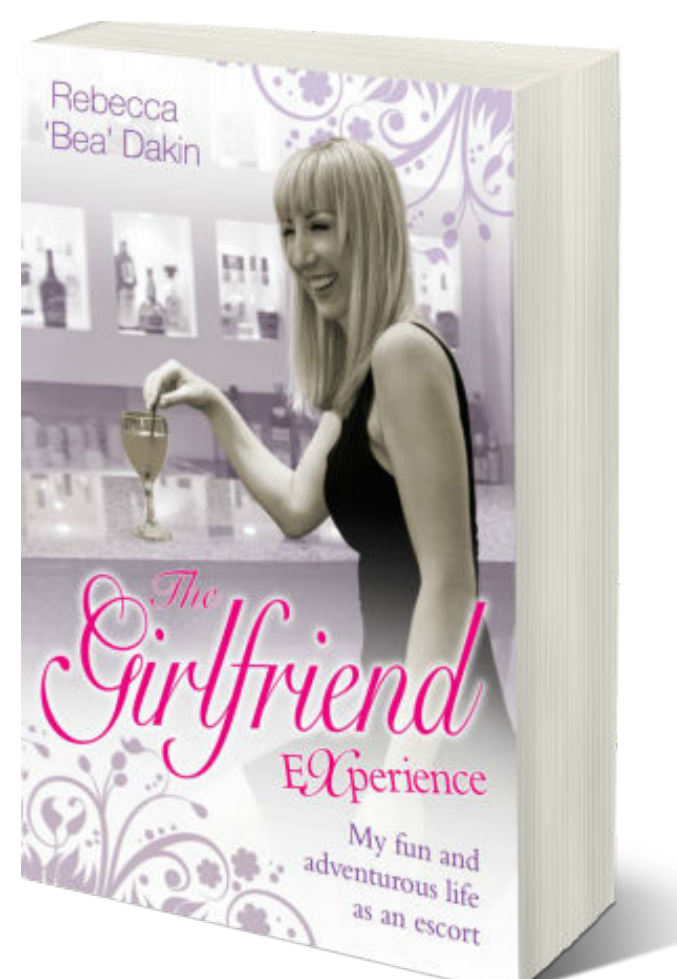


Books & Publications



Having been on over 800 escort dates Rebecca learnt more than a thing or two about men, and sex... here in her 101 Sex Tips she shares her secrets and offers practical advice to help everyone feel like a pro for mutually satisfying sex. It's a tongue in cheek look at the joys of sex designed to empower both women and men.

An autobiography documenting how after years of abuse and emotional neglect, being bullied for being ugly, and having her heart broken, Rebecca ditched rural village life for sex and glamour work and aged 25 became a respected high class escort who spent 10 years travelling the world offering her sought after Girlfriend Experience to men, women and couples from all walks of life.



For all media enquiries contact Rebecca Directly on 07876 772585



Rebecca says, “Sex and intimacy play a huge part in our emotional and physical well-being that’s why we need to stop making excuses and prioritise them.

The most important relationship is the one we have with ourselves, and when that’s not a loving and nourishing one, it impacts all of our other relationships (not just our romantic ones), leading to co-dependency, various mental health problems including addiction and dependency issues. All of which I can help with.”

Issues I help my clients with include...

- Sexual dysfunction (F & M)
- Losing shame around sex and bodies
- Healing from sexual trauma
- Moving on from infidelity
- Sex/porn/cam addiction
- Addictions and dependencies
- Date coaching
- Sex post baby/menopause
- Reigniting the passion
- Exploring kink, fantasies and fetishes
- Sex education for young people
- Inner Child healing (trauma healing)
- Body confidence, BDD and other BFRB e.g skin picking



The Great British Sexpert's School Of Sex

Virtual and in person sex lessons designed to educate, empower, encourage and facilitate satisfying sex for all ages, genders and experience levels. Rebecca delivers her classes in a fun, engaging, open and very matter-of-fact way, making the topic of sex comfortable for everyone.

*“Masturbation is not a dirty word.
We need to be encouraging
children to explore their own
bodies in private. Sex education
should start aged 4 to help protect
children from predators “*



*“Age 8 I had undiagnosed body
dysmorphia. I had my first
breast enhancement before I
started working in a peep show.
20 cosmetic surgeries later I use
hypnotherapy to help others
with this condition”*

“Age 16 I told my family I was going to become a sex worker to fund my studies .”

*“Sex work gave me sexual dysfunction so I wrote a sex tips book about pleasing
men then paid for a tantric sex experience in Bali when I was 5 months pregnant! ”*

“Sex workers are essential for our society”

*“Being taught by
nuns, 'Daddy issues',
low self esteem,
bullying and abuse
all led me towards
promiscuity and sex
work “*

*People judge sex work however many people
prostitute themselves at some point in their
lives whether with it's in a high pressure
corporate job, in a loveless relationship or
someone having Sex with someone because they
believe they 'owe' them for buying dinner...*

*“My curious 6 year old
knows about sex work. I
don't hide my past from
her however I wouldn't
want her to become a sex
worker. It's not a job I
recommend. ”*

“I use hypnosis to guide people into a full body orgasm using only their mind”

*Rebecca is always interested to chat
over tea and cake to explore...*



- Collaborations
- Agent Representation
- Literary agent
- Podcast appearances
- Product ideas
- Live social media guesting
- Further books
- T.V. Presenting and features
- Writing jobs
- Media opportunities
- Magasine/newspaper column
- Sex Education in schools

Tiktok: [hypnotherapistrebecca](#)

Instagram: [rebecca_dakin](#)

You Tube: [RebeccaDakin](#)

Linked In: [rebeccamdakin](#)

Twitter: [rebecca_dakin](#)

***Social
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